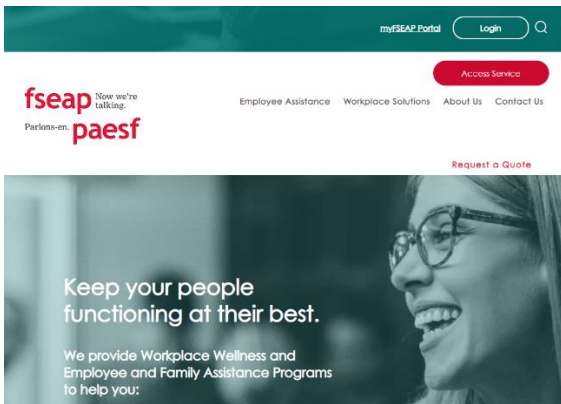


The **Family Services Employee Assistance Program**, otherwise known as the [FSEAP](#), is a confidential benefit available to all permanent CUPE 411 members as part of the Employers (SD#33) agreement with the CTA (Chilliwack Teachers Association). The Union has been assured that members accessing available programs will not have their names or the nature of the discussions disclosed to the Employer. Only members who are casual, or who are requesting access to additional program sessions will be required to seek permission from the Employer to do so and at that point the Employer is then made aware of the names of the employees and the specific services they are accessing.

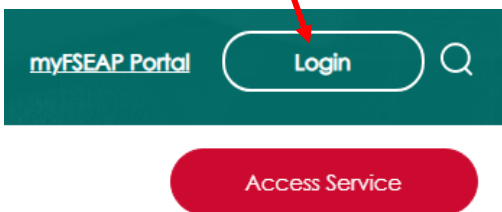
The FSEAP offers a wide range of services that members may find of interest to our members, and we encourage you take some time to view all that they have to offer as their services go well beyond counselling support. The Self Help page provides a number of resources from Health and Money to On-Line Programs and Toolkits.

How to access information:

Step 1 – Click on the link above and it will direct you to the **Home** page.



Step 2 – Click on the **Login** icon.



Step 3 – Type the name “chilliwack” in the field labeled “Enter Group or Username” and then click **Search**.

Login to myFSEAP

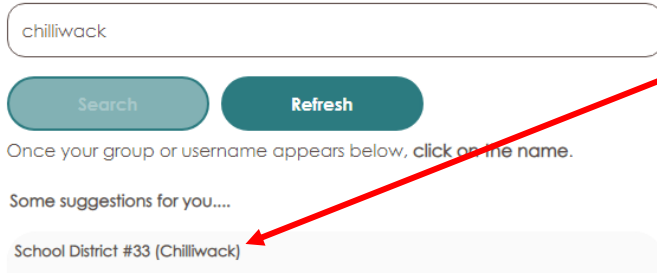
Sign in to learn more about the services and supports available to you through your company's program, find contact numbers, submit a service request online, and more.

Enter Group or Username

Search Refresh

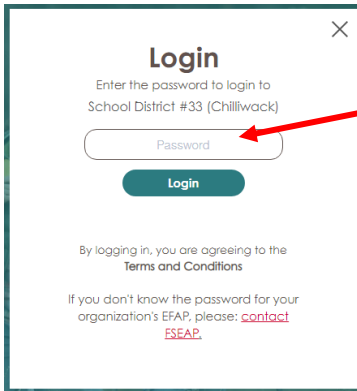
Once your group or username appears below, click on the name.

Step 4 – Our District name “School District #33 (Chilliwack)” will populate below, click on it.



A search interface with a text input field containing "chilliwack". Below the input are two buttons: "Search" and "Refresh". Underneath, it says "Once your group or username appears below, click on the name." Below that, it says "Some suggestions for you...." and a suggestion "School District #33 (Chilliwack)" is shown with a red arrow pointing to it.

Step 5 – You will be redirected to a Login screen, in the field titled Password, type in “2bwell” and then click **Login**.



A login screen titled "Login" with a close button (X) in the top right. It says "Enter the password to login to School District #33 (Chilliwack)". There is a "Password" input field with a red arrow pointing to it, and a "Login" button below it. Below the button, it says "By logging in, you are agreeing to the Terms and Conditions". At the bottom, it says "If you don't know the password for your organization's EFAP, please: [contact FSEAP](#)".

Step 6 – You will now have access to information available to employees of SD#33. If you need to view the details in French this is an option (see top of the page) and the three stacked straight lines is the Menu icon. Scrolling down the home page will provide you access to Quick Links, Your Program Supports, Self-Help, Frequently Asked Questions, and details on Confidentiality.



The Union is working on providing an opportunity for members to access additional services such as Professional Short-term Counselling and Critical Incident/Trauma Response so that if permanent members who need additional sessions will not be required to make such requests directly to the Employer. We also are looking into options for Casual Members to gain access to these services as well that will allow for anonymity.

Permanent members are reminded that the changes to our extended health plan now provides a \$1,500/year benefit for Clinical Counsellors & Social Workers, and Psychologist appointments, that will come into effect July 1, 2023.

Members who have any questions about the FSEAP or the Extended Benefits Program are welcome to contact the Union office via phone; 604-392-1411 or email; unionoffice@cupe411.ca and a member of the Executive will respond within two (2) business days.

In Solidarity