

Expression of Interest Notice

December 29, 2021

Do you have a desire to participate in the health and wellness of your co-workers?

If so, then we have an opportunity for you!

The *District Wellness Committee* is a committee that embraces "Partners in Wellness" and is seeking to fill one (1) vacant seat with a CUPE member. Committee members meet once per month, on the 3rd Wednesday of each month.

The role of the committee is to support district-wide health and wellness initiatives and assist sites in setting up their own wellness committees.

This is an annual appointment in order to give various members an opportunity and experience of being a part of the discussion and planning for professional development opportunities for our members.

Please note that this is a volunteer position if the meetings fall outside of your working hours.

The next committee meeting takes place:
Wednesday January 20, 2021*

Please submit an email to unionoffice@cupe411.ca by **Friday January 15, 2021**. In that email, please answer the following two (2) questions:

1. What current experience do you possess that would lend itself nicely to this committee?
2. Why have you chosen to put your name forward to sit on this committee?

All submissions are appreciated and will be reviewed by the CUPE Table Officers. We will follow up with each and every member that expressed an interest in this committee.

In Solidarity,

CUPE 411 Executive Board

*meetings typically take place at the Neighborhood Learning Centre,
but due to Covid-19 all meetings are via Microsoft Teams until further notice