



Professional Development & Collaboration Opportunities for 2018-2019

We believe it critical that all our members have the opportunity to actively participate in workshops and training sessions that will provide them with the skills and knowledge to not only enhance but also enrich their work experience.

We are committed to working with the Employer to bring both engaging and meaningful content that will allow members to face the challenges in their worksites with confidence and pride.

Mental Health issues have been at the forefront as of late and are thus driving the need for a deeper understanding on how we recognize, and also manage, challenging behaviours. The School Districts Learning Services Department will be hosting the following sessions on “Mental Health Literacy”, and the Union would like to encourage members to take advantage of this training opportunity.

The course is being offered as follows:

Neighbourhood Learning Centre (NLC)

- **Times:** 8:30am-11:00am or 11:30am-2:00pm
- **Dates:** October 5th & February 22nd

Or

Learning Services Department

- **Times:** 8:30am-11:00am or 11:30am-2:00pm
- **Dates:** October 19th & May 3rd

There will also be an opportunity for those who participate in one the 2.5 hour session to be eligible to take the UBC online self-paced course on Mental Health Literacy to which a Certificate will be issued and any costs to members will be reimbursed by Student Services upon successful completion.

Every member in each of our Divisions has the potential to work in and around children, if we are all able to understand and have a deeper awareness of the words used when discussing mental health it can only lead to a positive experience and outcome for all involved.

We welcome your feedback and suggestions for training ideas and educational opportunities, please feel free to call or email Tracey O’Hara at 604-819-2881 or vicepresident@cupe411.ca.

CUPE 411 Executive